

REIKI -I- COURSE

*This outline represents the content of Reiki -I- Course.
It is certified and approved by CRA (Canadian Reiki Association) and follows my Reiki lineage 100%.
Merlin CRA-RT: 09-015*

1. Definition of Reiki
2. Origin and History of Reiki
3. Reiki Associations
4. The Reiki Principles
5. Ten of the Virtues of Reiki
6. The Exchange
7. State of Mind / Obstacles to Reiki
8. Protection
9. The Treatment
10. To Whom and to What Can We Transmit Reiki
11. Treating Children
12. Treating Animals
13. Group Exchanges
14. 21 Day Purification Period
15. Your Reiki Lineage
16. Suggested Reading



Appendices

Photos of Mikao Usui, Dr. Hayashi and Mrs Takata

Hand Positions for Self-Treatment

Hand Positions for Treatment of Others

Chakra Card

Endocrine System

Address of Merlin - Reiki Master RT:09-015

**You receive a stamped Certificate + Manual + steps to be a
Licensed Reiki Practitioner level I**



Multihealing Center abides by the Rules and Regulations set by CRA (Canadian Reiki Association) and by ANQ (Associations des Naturothérapeutes du Québec), by their Code of Ethics and their Educational Guidelines.

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