

The Reiki Montreal

Meetup Group

www.meetup.com/reiki-montreal

4990 rue de Salaberry, Suite 301, H4J 2P1, Montreal Qc
Registered at CRA, ANQ, INHA www.24reiki.com

Reiki Facts

Based on the Usui Reiki Traditions, CRA (Canadian Reiki Association), ICRT (International Center for Reiki training-William Lee Rand), and ReikiHelp

- Reiki levels can't be combined and learned together. There is
 - at least 1 to 2 months between level I and II
 - at least 3 to 6 months between level II and III
 - at least a year between level III and being a Reiki Master/Teacher
- Reiki can't be taught through books, internet, or online.
Usui Reiki is not attuned on distance. It has to be personal attunement.
- Reiki can be learned **only** by attunement process i.e. from Master to Student
Reiki is a technique that is passed on from teacher to student over and over. If one has Reiki, than she/he will be part of a succession of teachers leading back to the founder of the system of Reiki. This is called Reiki Lineage.
- Before you learn Reiki you have to choose not only a Reiki Master but a **Reiki Master/Teacher**
Why? Because not all Reiki Masters initiated to be teachers.



A Reiki Master undergoes a special Ceremony to be a Reiki Teacher and if the Reiki Master is not yet on the level to be a Reiki Teacher he/she undergoes again another period of practicing and preparations. Learning only from Reiki Masters (*not Reiki Masters/Teachers*) risk you in receiving non Reiki energy; in fact you receive the energy of your Master which is not the Universal Life Force Energy.

- Reiki never sent on distance without the permission of the recipient
- Before you learn Reiki you have the right as a student to question your Reiki Teacher as:
 - how often do you teach?
 - what is your lineage?
 - how long have you been working with Reiki?
 - what training have you had?
 - how do you personally use Reiki?
 - what do you cover in your classes?
 - how many hours of class time is included?
 - how much time is instructional, and how much is hands on practice?
 - what are your fees, and will I get a certificate and a manual?
 - will my Reiki practice allow me to be a Registered Reiki Practitioner?

Reiki:

- Reiki is not a religion or a religious practice.
- The Reiki energy is not guided by the practitioner, but the energy has its own innate wisdom to guide itself. It is the flow of unconditional love from the Absolute existence.
- Reiki energy is not based on belief, faith or suggestion.
- Reiki will never deplete a person or make them feel drained. Because the energy is channeled through, not from the healer.
- Reiki energy is available at all times and can be used on: humans, plants, animals, and situations for the past, present and future. Your creativity is the limit.
- Babies love Reiki. It is very healthy for them. Do not worry about it being too strong. Reiki automatically adjusts to what the baby needs.
- Reiki can be used to reduce suffering and help people any where in the world
- Once the practitioner has had a Reiki initiation, the energy transferal happens automatically when hands are placed on another individual.
- Reiki energy is safe and non-invasive for it transmits life force energy
- Anyone Can Learn Reiki



Reiki:

- Connects you physically, emotionally, and spiritually to Chi/ Ki (Life Force Energy).
- Provides techniques for deep and protective meditative practice.
- Creates energetic integrity.
- Empowers you to utilize the full-spectrum of spiritual energy.
- Addresses the cause and removes the disease from its roots.
- Has no side-effects or contraindications.
- Is non-invasive and suitable for every age and symptom.
- Amplifies the homeostatic response of the body's healing systems.
- Restores proper mental functioning.
- Increases experiences of joy and love.
- Accesses the soul's intuition.

With Reiki you may:

- Lay your own hands on yourself and create optimum daily well-being.
- Reduce and remove pain.
- Protect yourself from a nutritionally depleted and often toxic food and water supply.
- Protect yourself from negative energy in people and buildings.
- Become emotionally strong and mentally skillful.
- Enhance your creativity.
- Evolve spiritually.